

Quantum State Control in Optical Lattices.

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Optical lattices offer the opportunity to trap large numbers of neutral atoms in a periodic array of almost dissipation-free micro-traps. Because the atoms are readily confined deep in the Lamb-Dicke regime, initial preparation of a pure quantum state and subsequent coherent manipulation can be accomplished using techniques originally developed for trapped atomic ions. In a recent experiment we have explored a new method for resolved-sideband Raman cooling in a two-dimensional optical lattice. Of order 10^6 atoms were individually trapped in independent potential wells of the lattice, and cooled to a mean vibrational excitation of ~ 0.01 per degree of freedom, corresponding to a population of $\sim 98\%$ in the two-dimensional vibrational ground state associated with the $|F = 4, m = 4\rangle$ hyperfine state. The minimum-uncertainty atomic wavepackets were subsequently used to generate position- and momentum squeezed states, and to obtain ultralow temperatures by adiabatic expansion. I will discuss the possibility of extending our sideband cooling scheme to various three-dimensional lattice geometries, and to explore phenomena such as quantum entanglement and quantum degeneracy.